

Paving the Path

Beginning my journey to the world of work



Has a disability or other barrier prevented you from imagining yourself in the workforce? Have you ever wondered what it would be like to have a job? Do you want to learn about the types of jobs that best suit your personality? Would you like to know how working would affect the benefits you currently receive?

If you answered yes to any of the questions above, Paving the Path for Work can help. This 6-week program offered by March of Dimes Canada is for people who have had limited exposure to employment but want to learn more.

You and a small group of other participants will have an opportunity:

- [Complete the ALiGN™](#) assessment to learn more about your personality, strengths and work style
- Carry out virtual tours of various workplaces, including those in the digital economy
- Learn from speakers, including employers who hire people with disabilities and workers who have found ways to overcome barriers to employment
- Discuss workplace etiquette
- To work with a mentor who will share the benefits and advantages of working, and offer recommendations and advice
- Improve your financial skills
- Learn how assistive technology can help remove barriers
- Increase your confidence and independence

Offered virtually and in-person. For more information or to register for an upcoming session, please contact:

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